

# WOW- Winners On Work

Vinci, Italy \* 19<sup>th</sup> -26<sup>th</sup> September 2014

**TRAINING COURSE**

**INFO PACK**



**PRACTICAL INFORMATIONS  
FOR YOUR TRAVEL AND STAY**

Organized by



Co-funded by



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Comune di Vinci



WOW - **Winners On Work** - is a project composed by two linked training activities with the aims to provide fundamental tools for developing the **youth creativity in areas of learning attitude, sense of initiative and entrepreneurship**, and providing **tools for youth workers** in order to support this process.

| ACTIVITY                 | DATES              | TYOLOGY         | VENUE           | Hosting Partner     | Participants   |
|--------------------------|--------------------|-----------------|-----------------|---------------------|--|
| 1 <sup>st</sup> Activity | 19-26<br>September | Training Course | Vinci - Italy   | Associazione Agrado | <b>21</b><br>(2 youth workers + 1 young from each country) |
| 2 <sup>nd</sup> Activity | 10-17<br>December  | Seminar         | Beja - Portugal | Associação Check-IN | <b>21</b><br>(2 youth workers + 1 young from each country) |

**It's not compulsory joining both the activities, but it's warmly recommended!**

**WE ARE NOW SEARCHING PARTICIPANTS FOR THE 1<sup>st</sup> ACTIVITY in ITALY in SEPTEMBER!**

**The first activity** will give practical instruments to develop personal and professional competences of Youth workers and Young people. The second activity will evaluate the previous outcomes, provide more advanced tools as follow up of the first TC, and will find the quality tools in youth empowerment for developing sense of initiative and entrepreneurship, creating a practical handbook guide on personal and professional development of Youth.

The countries involved in both activities are 7, with 3 participants from each of them:  
**Italy, Portugal, Cyprus, Spain, Austria, Romania and Slovenia.**

#### **OBJECTIVES of 1<sup>st</sup> Activity**

- Exchange experience and learn new methods and skills from the training team and each other in order to develop professional skill of trainers, youth workers and multipliers working with youth in the field of empowerment, creativity and entrepreneurship.
- Introduce entrepreneurship as a career option by presenting successful role models
- Provide tools and methods of personal and professional development

#### **METHODS of 1st Activity**

Team - Building, coaching, motivational support, Story-telling and videos on personal developments and success stories on sense of initiative, Role-playing and simulations on work situations, self-awareness and self-efficacy development through tasks and reflections groups, work on job tools (Europass CV) and on competences, attitudes and behaviours (Youthpass).

**This project has been funded with support from European Commission,  
approved with Reference number 2014-1-IT03-KA105-000688**

# Welcome to







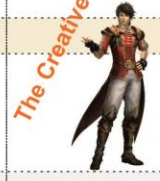





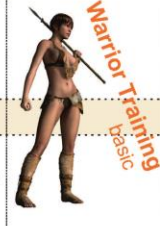

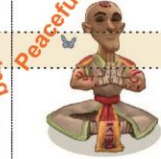
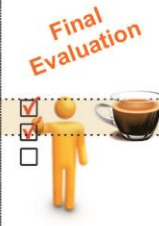











Here you will find all the main information about your participation, regarding travels, accommodation, program and all the practical information that will help you before, during and after the project.

**Thank you for your participation!**

## DAILY PROGRAM

Vinci, Italy 19 to 26 of September 2014

|       | Friday<br>Day 1 - 19 Sep  | Saturday<br>Day 2 - 20 Sep  | Sunday<br>Day 3 - 21 Sep  | Monday<br>Day 4 - 22 Sep  | Tuesday<br>Day 5 - 23 Sep   | Wednesday<br>Day 6 - 24 Sep  | Thursday<br>Day 7 - 25 Sep  | Friday<br>Day 8 - 26 Sep  |
|-------|---|---|---|---|---|--|---|---|
| 8:30  |   |  |   | Breakfast   |   |  |   |  |
| 9:30  |   |  |   |   |  |  |  |   |
| 11:00 |  |   |  |  |   |  |   |   |
| 11:30 | Arrival of Winners  |  |   |   |   |  |  | Departure of Winners  |
| 13:00 |   |   |   | Lunch   |   |  |   |   |
| 15:00 |  |   |  |  |  |  |  |   |
| 16:30 | Winners Presentation  |  |   |   |   |  |   |   |
| 17:00 | Team Program  |   |   |   |   |  |   |   |
| 18:30 |   |   |   | Reflection Groups   |   |  |   |   |
| 20:00 |   |   |   | Dinner  |   |  |   |   |
| 22:00 |  |  |  |  |  |  |  |   |
|       | Informal Night  | Italy Austria Intercultural Night   | Open Night  | Spain Portugal Intercultural Night  | Movie Night The Peaceful Warrior  | Cyprus Slovenia Romania Intercultural Night  | Winner's Party  |   |

## TRAINERS TEAM

Here we present you the Trainers Team which you will meet in the project, in both the activities.

The Trainers Team is a multicultural one (Italian-Portuguese - from Associazione Agrado and Associação Check-IN) composed by 3 experienced Trainers, working together in 4 Training Projects:

We see the learning as a process where everyone can discover a lot about himself/herself, and where everyone can have an important role for the whole group, simply ..sharing!

We share the same view and the same idea of "Teamwork" and that makes us work with trust and fun!

### LARIS GUERRI



Project Coordinator and Counselor in Associazione Agrado – Italy  
Trainer

#### Work Experience

President of Associazione Agrado. Active as Project Coordinator and Trainer in Associazione Agrado- Italy.

Developing Trainings for young and adult people in local and International projects.

Working both on local and International Level with young people, especially as facilitator, and in some activities also as animator.

One of my task is also giving support as counselor to EVS Volunteers (sending) in each step of their path.

I'm interested especially in personal development projects and trainings.

Project Coordinator in Associação Check-In - Portugal  
Trainer

#### Work experience

International full time freelance trainer at National and International level. Besides trainings, also active in Check-In association, developing and coordinating projects, giving support to volunteers and participants of Leonardo da Vinci Programme. At side also work as animator in some activities.

In 2005 I've participated in my first project, a Training Course on animation, in Poland. Since then I have been active in international youthwork. First as volunteer and participant, later as freelance trainer and developing and coordinating projects.

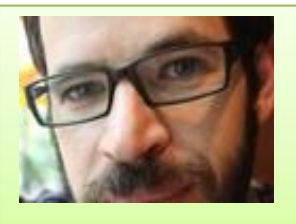
SALTO- Youth website - *TOY: Trainers Online for Youth*

<https://www.salto-youth.net/tools/toy/sergio-goncalves.2693/>

### SERGIO GONÇALVES



### ANTONIO GOMES



Project Coordinator in Associação Check-In - Portugal  
Trainer

#### Work experience

President of Check-In association. I started in youth work as volunteer and later I did an internship in Salto. I have been 6 months in Italy as EVS volunteer. Actually I work as international trainer- Years of experience in international field and youth work, being the founder of 2 youth organizations and worked in other ones developing projects.

# LOGISTICS IN VINCI

## VINCI



Vinci is an historical town (15.000 inhabitants) in the Centre of Italy- Tuscany- between Florence (30 minutes by train) and Pisa (35/40 minutes by train).

It is famous because it gave birth to Leonardo da Vinci, the Genius of the Renaissance Age.

It's rich in history, art, culture and nature. Famous for the typical Tuscany landscape with olive trees and vineyards on the hills.

## ACCOMODATION

Participants will be hosted in a simple building close to the small and ancient Church of Petroio (Vinci) on a green hill in the countryside, isolated in the green.

You will sleep in rooms for 7 persons: we kindly ask you to respect your roommates and work with them to achieve the comfort that all need. The distribution of the rooms will be made according to the gender.

Bathrooms are shared, so please pay attention to the cleaning and respect for the space and the others.

The building has 4 big bedrooms with bunked beds (30), one meeting room, an office, a place for meals, an equipped kitchen, toilets and showers,...but especially it has amazing outdoor spaces in the green where develop many activities.



## FOOD



Meals will be cooked there by 2 professional cooks every day for us. Breakfast, lunch and dinner + 2 coffee-breaks a day!

We will take into consideration your diet needs, creating an healthy and good menu good for all!

You'll taste the genuine Italian food!

## INTERNET CONNECTION:

Unfortunately we can NOT guarantee an Internet Connection. No wi-fi. Only a USB pen for connection.

## THINGS TO BRING

Bring with you the following: you'll need it and it will be necessary to present during the project:

### PERSONAL STUFF

- **Sleeping-bag (or sheets for bed) IMPORTANT!!!!**
- Towels for shower
- Flipflops (the bathroom is shared)
- Personal hygiene products (shampoo, toothpaste, etc..)
- Fresh and comfortable clothes and shoes
- Your Health European Card



### OPEN SESSION AND ORGANISATION PRESENTATION

**Information about your organisation and your country** or/and your local region; pamphlets, booklets, PowerPoint presentations, pictures, posters, etc...

You will have a table and a space where you can show everything from your organization and country. The idea is to present to general public, mainly youngsters that will visit the project in that day.

### INTERCULTURAL NIGHTS

- Some of the things described before (**pamphlets, leaflet...**) about your country/region;
- typical **food/drink** from your country / region: possibility for a fast cooking but better if ready food- dry or canned food, sweets, drinks, biscuits, etc.;
- traditional clothes and / or objects;
- **Music and games** from your country.

### TRAINING COURSE

Your experience about tools and methodologies in youth work.

Your energy, good mood, and will to share with the others and to develop yourself and your skills! ☺

## COMMUNICATION



To facilitate the communication between all, we have created the *WOW – Winners On Work* Facebook group.

Please add yourself to the group through the following link:

<https://www.facebook.com/groups/578278025624132/>

## TRAVELS

Your destination is in Tuscany, in the heart of Italy.

The closest Airports to your Seminar destination are:  
**Firenze, Pisa and Bologna.**

From your landing Airport, reach **FIRENZE** or **PISA Train Station.**

From both the Stations there, you can easily take a regional train to **EMPOLI** Station.



*It takes 30 minutes from Florence- One way ticket € 4,20*

*It takes 40 minutes from Pisa - One way ticket € 5,20*

### INSTRUCTIONS

From your landing  
Airport, reach Firenze or  
Pisa Train Station



From Pisa or Firenze  
Station, take a train to  
Empoli



Wait for us in Empoli  
Station. We will lift you  
up at 12.00 or at 14.00

In Empoli Station we will pick you up by cars and lift directly to the Seminar location in Petroio (Vinci)

We ask you to be waiting for us at the Station door, outside.

We have planned 2 rounds to pick you up there on 19th of September:

- **h. 12.00**

- **h. 14.00**

So, please plan your travel timetables in order to fit as much as possible with these.

In case you can't, please let us know and we will provide some solutions.

### WEB INFO:

Train timetables TRENITALIA:

<http://www.trenitalia.com/>

EMPOLI on MAP:

<https://maps.google.it/maps/ms?msid=203829680937764279548.0004f2848f35713371abf&msa=0&ll=43.707594,10.986328&spn=2.394343,5.410767>

**IMPORTANT: Keep all the boarding passes and tickets of airplane, bus and/or train (they are needed for reimbursement). Also all receipts/ invoices are needed, without any exception!**

## BUDGET & FINANCES

**Rules of travel reimbursement:** According to the new Programme Erasmus+, travel costs are reimbursed on the base of the **kilometric distance** from participant town to the seminar place, following EU table of distance/€, regardless the real costs participants faced.

NOT reimbursed on percentage anymore!

### Maximum travel reimbursement to/from Italy:

Portugal: € 275,00

Spain: € 275,00

Cyprus: € 360,00

Austria: € 275,00

Slovenia: € 275,00

Romania: € 275,00



### TRAVEL COSTS REIMBURSEMENT:

- To give you the reimbursement we absolutely need from you all the **ORIGINAL and scanned tickets, boarding passes, receipt and invoices;**
- **You have absolutely to travel in the starting and in the ending day of the TC (19<sup>th</sup> and 26<sup>th</sup> September) or at maximum one day before (18<sup>th</sup>) or one day after (27<sup>th</sup>)-** in this last case, only if you have valid motivations.

### Before the Training Course

- Before buying your ticket, please communicate us your eventual itinerary and dates: **wait for our agreement on it before buying!**
- As soon as you buy your flight/train tickets, **please send us the ticket by email (electronic or scanned) + flight INVOICE;**
- In case you make online check-in, please send us by email also **your boarding pass;**
- We will send you a form to fill with your **bank details** (IBAN,..): Please send us back filled by email **before** the seminar starts.

### During the Training Course

- Give us the original tickets of your way from home. We will scan all the tickets and boarding passes;

### After the Training Course

- When you come back home, you will have to **send us a scan of the boarding passes and tickets** (especially those on your way back)
- Then send us by post an envelope with all the **original tickets and boarding passes and receipts and invoices**
- Once we received all the documents, we will make a **bank transfer** to you.

**You can buy your tickets starting from 1<sup>st</sup> July 2014**



## WEATHER FORECASTS



Weather is supposed to be warm and sunny, even if sometimes in this period, it could be a bit rainy. In the evening the temperature can go down, so bring also a jacket or warmer clothes.

Before you come, you can check the weather in the following website:

<http://www.ilmeteo.it/meteo/Vinci>



Website: [www.associazioneagrado.com](http://www.associazioneagrado.com)

Facebook Page: Associazione Agrado

Associazione Agrado is a local organization which manages projects, activities and actions in order to promote **personal development, mobility ad Interculturality**.

Local level: It manages the local **Youth Centre, develop project about personal development** (Life skills education in school), **organize national camps, workshops and Training Courses and creative/artistic projects and events**.

International level: It organizes Youth Exchanges, Seminars, Training Courses and Actions within the frame of **Youth in Action Programme**. It works on **LLP Programme** (Grundtvig) with adults too. It has accreditation as **Sending and Coordinating** Organization for **EVS projects (2013-IT-66)**.



## CONTACTS

Here you have all the Team contacts in case of need:

Thanks for your motivation  
and participation ☺

Looking forward to seeing you!



International Team

### Mobiles

Laris Guerri +39 347 6151141

Maila Cocci +39 339 4129771

### E-mails:

[winnersonwork@gmail.com](mailto:winnersonwork@gmail.com)

[laris.guerri@gmail.com](mailto:laris.guerri@gmail.com)